

PPAG HOSTS IPPF INVESTMENT VOUCHER TRAINING ON SELF CARE, DIGITAL HEALTH INTERVENTION AND CAC IN HUMANITARIAN SETTINGS

The concept of self-care is an integral component of health service delivery. Yet, the use of Digital Health Intervention (DHI) tools in abortion care and the provision of Comprehensive Abortion Care in crisis settings are yet to receive the full maximization.



Photo: Madam Abena Adobea Amoah (Executive Director, PPAG).

These were key concerns that emerged when the Planned Parenthood Association of Ghana (PPAG) led by its Executive Director, Madam Abena Adubea Amoah, hosted the International Planned Parenthood Federation (IPPF) Africa Region Investment Voucher Training on Self-care, Digital Health Interventions and Comprehensive Abortion Care (CAC) in humanitarian settings.



Photo: The sharing of CAMNAFAW best practices.

The training adopted participatory and observational methodologies to ensure participants have practical and actionable knowledge to encourage the implementation of contextual solutions within their respective MAs.

DHI platforms such as OYE from Atbef, Yenkasa from PPAG and Tiktakado from the Association Congolaise pour le Bien-Etre Familial (ACBEF) were mentioned as helping with Family Planning and other SRHR issues. These apps offer information, education and communication on SRHR and are further linked to service provision where needed.



Photo: MA participants

In sharing successes chalked from these DHI platforms, MAs testified that that, it helped battle stigma and expanded access, nonetheless with high illiteracy in many countries, many are unable to use the some of these apps that are not illiteracy friendly. In addition, some disabled people are left out in the usage of some of these platforms considered not disability friendly.



Photo: MA participants

On CAC in humanitarian settings, 5 regions in Cameroun are facing humanitarian crises from rebel movements. And these areas record many unintended pregnancies and complications resulting from spontaneous abortions. CAMNAFAW therefore deploys dignity kits and other SRHR services to help especially women and girls of reproductive age to these areas. These efforts have reduced neo-natal and maternal morbidity and mortality and further prevent and manage consequences of sexual violence and HIV/STI transmission among others.



Participants were drawn from 18 African Member Associations (MAs) in Anglophone, Francophone, and Lusophone countries with PPAG, Togolese Association of Family Welfare (ATBEF) and the Cameroon National Planning Association for Family Welfare (CAMNAFAW) as leads. Under the series of Investment Voucher trainings, IPPF seeks to empower the Federation's Member Associations (MAs) by facilitating knowledge and best practices sharing among them.