



PPAG IN FOCUS

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PPAG Specialist Hospital, Cape Coast Commences Operations

PPAG is pleased to announce that the Cape Coast Specialist Hospital officially commenced operations on Monday, 2 March 2026. The facility marks a significant step in PPAG's commitment to expanding access to high-quality sexual and reproductive health services and specialist care. The hospital will introduce services in phases, beginning with selected clinical services and gradually expanding to full specialist hospital status. Assisted Reproductive Technology (ART) services are expected to be introduced in the final phase of the rollout.

During the initial phase, the hospital will provide a range of essential services including specialist consultations, ultrasound services, delivery and obstetric procedures, neonatal intensive care (NICU) and high dependency unit (HDU) care, cervical cancer screening and treatment, fetal medicine procedures, laboratory and pharmacy services, as well as admission services. For Phase 1, the hospital will operate Monday to Friday from 8:00 a.m. to 5:00 p.m. Plans are underway to expand services to a 24-hour schedule by April 2026, ensuring continuous access to care for clients.

The opening of the PPAG Specialist Hospital represents a major milestone in the Association's efforts to strengthen healthcare delivery and improve access to specialized reproductive and maternal health services in Ghana.





PPAG Engages Students at Accra College of Education During Health Talk On HIV/AIDS

PPAG in partnership with Becks Glaucoma Foundation, Afrika Healthcare Services, and the SRC of Accra College of Education, organized a health talk seminar aimed at increasing awareness about HIV/AIDS and glaucoma among students on 11th March 2026. The seminar brought together students, faculty, and healthcare professionals to discuss these two critical public health issues and encourage proactive health-seeking behaviour.

The session sought to address persistent knowledge gaps, dispel myths, and equip participants with accurate health information. The HIV/AIDS segment led by PPAG focused on prevention, testing, and stigma reduction. Participants received updated information on HIV trends in the Greater Accra Region and were introduced to modern prevention methods such as Pre-Exposure Prophylaxis (PrEP), Post-Exposure Prophylaxis (PEP), and consistent condom use. Facilitators also highlighted the U=U (Undetectable = Untransmittable) principle, explaining that individuals living with HIV who maintain an undetectable viral load through consistent antiretroviral therapy cannot sexually transmit the virus. This message was emphasized as an important step toward reducing stigma and discrimination. A dedicated

PPAG information booth also provided students with educational materials and demonstrations, including guidance on the use of HIV self-testing kits. The interactive sessions encouraged open discussion, allowing students to ask questions and clarify misconceptions about sexual and reproductive health. Participants also learned about phlebotomy and other health services available through partner organizations.

Overall, the seminar was highly engaging with over 60 students in attendance and demonstrated the value of integrated health education initiatives. By addressing both eye health and HIV prevention within a single forum, the activity contributed to building a more informed and health-conscious student community.





PPAG Strengthens Safeguarding in Schools Through PSEAH Training for Teachers in Tamale

As part of efforts to promote safe and supportive learning environments for young people, the Planned Parenthood Association of Ghana (PPAG) organized a Training on the Prevention of Sexual Exploitation, Abuse and Harassment (PSEAH) for teachers in Tamale in the Northern Region. The training was implemented under the EmpowHER Project – Ensuring Inclusive SRHR Delivery for Women, Girls and Marginalized Communities.

The two-day training brought together 14 teachers, a representative from the Ghana Education Service (GES), Youth Action Movement (YAM) members, and a PPAG volunteer to strengthen their understanding of safeguarding principles and build their capacity to identify, prevent, and respond appropriately to cases of sexual exploitation, abuse, and harassment within school settings.

Through interactive discussions, experience sharing, and participatory sessions, participants explored practical approaches to safeguarding and reflected on harmful gender norms that may contribute to abuse or silence around such issues. The

training created a safe space for open dialogue, encouraging teachers to initiate safeguarding conversations within their schools and communities.

Participants also developed practical workplans to guide step-down trainings for other school staff and to support ongoing safeguarding actions within their institutions. The initiative contributes to strengthening school-based mechanisms that protect young people and ensure more inclusive and child-centred learning environments.

Reflecting on the impact of the training, one participant shared: “I have been a number one beneficiary of this training because after the discussion on gender norms and roles, I have started sharing home chores between my son and daughter. Previously, the boy did not do any domestic work.”

Moving forward, PPAG will continue to support trained teachers to implement no-cost safeguarding activities within their schools, further strengthening efforts to prevent sexual exploitation, abuse, and harassment and promote the wellbeing of young people.





PPAG Participates in 14th Technical Committee Meeting on Regional Financing Mechanism for RH/FP in ECOWAS

Representatives from ECOWAS Member States and development partners convened in Cotonou, Benin, for the 14th Technical Committee Meeting of the Regional Financing Mechanism (RFM) for Reproductive Health and Family Planning (RH/FP) from 2nd - 4th March 2026. The meeting, organized by the West African Health Organization (WAHO), provided a platform to review progress, address implementation challenges, and strengthen coordination in advancing reproductive health and family planning programmes across the region. The meeting brought together delegates from several ECOWAS countries, including Ghana, Togo, Benin, Senegal, Sierra Leone, The Gambia, Guinea-Bissau, Burkina Faso, Côte d'Ivoire, and Liberia, alongside key development partners such as KfW Development Bank, the Bill & Melinda Gates Foundation, the Netherlands, Agence Française de Développement (AFD), and the Swiss Tropical and Public Health Institute.

Participants reviewed progress in the implementation of RFM activities aimed

at improving access to family planning commodities and strengthening health systems to reduce maternal morbidity and mortality. Discussions revealed that out of eight (8) recommendations made by the Technical Committee, five have been fully implemented, while progress continues on the remaining actions. Audit findings also indicated a 52% completion rate of recommendations across participating countries. The meeting further highlighted key challenges affecting programme implementation, including delays in procurement processes, global shortages of contraceptive supplies, administrative bottlenecks, and slow financial reporting procedures. Participants emphasized the need to strengthen supply chains, enhance transparency, and improve coordination among countries and partners to ensure timely delivery of reproductive health commodities.

A major outcome of the meeting was the decision to revise the RFM Procedures Manual to improve efficiency, accountability, and alignment with current regional needs. To support this process, a 12-member



subcommittee was established to lead the review and update of procurement rules, financial management procedures, and monitoring systems. The meeting concluded with renewed commitment from ECOWAS Member States and partners to strengthen the Regional Financing Mechanism as a critical tool for ensuring equitable access to reproductive health commodities and improving reproductive health outcomes across West Africa.

Follow-up actions include country-level reviews of the revised Procedures Manual by April 2026, implementation of audit recommendations, regular monitoring visits, and preparations for the 2026 tender process for RH/FP commodities.



The Ag. ED of PPAG (male) and other partners from Ghana present at the Meeting



Committee Members seated during a presentation from the meeting conveners





PPAG As CoE hosts Anglophone Africa Review and Exchange Learning Meeting

PPAG serving as a Centre of Excellence (CoE) for Youth Programming in Anglophone Africa under the International Planned Parenthood Federation (IPPF), hosted Member Associations for a Review and Exchange Learning Meeting held in Livingstone, Zambia, from 9–21 March 2025. The meeting convened 20 participants from the IPPF Africa Regional Office, Rutgers, the Planned Parenthood Association of Zambia (PPAZ), and Member Associations from Eswatini, Nigeria, Kenya, Uganda, Sierra Leone, Malawi, Tanzania, and Ghana. The meeting served as a strategic platform for partners to reflect on progress made under the EmpowHER programme and strengthen collaboration in advancing youth-focused sexual and reproductive health programming across the region. Participants shared experiences, innovations, and lessons learned in delivering youth-centred interventions, with particular emphasis on digital Reproductive Health Education (RHE) and the use of digital health tools to reach young people more effectively.

The sessions also focused on strengthening the technical capacity of participants in applying RHE costing and sustainability approaches, ensuring that programmes are better positioned for long-term impact. In addition, participants were introduced

to key frameworks, including the RHE Monitoring and Evaluation Framework and Capability Statement, to support consistent and high-quality programme implementation across Member Associations. A key outcome of the meeting was the development of aligned Year 3 workplans to guide the implementation of EmpowHER and RHE activities across participating countries. These workplans are expected to enhance coordination, improve programme efficiency, and ensure a more harmonised approach to delivering quality sexuality education in the region.

Overall, the meeting strengthened regional collaboration, peer learning, and technical capacity, reinforcing the commitment of IPPF Member Associations to advancing inclusive and sustainable sexual and reproductive health and rights programmes for young people across Anglophone Africa.



The CoE Technical lead making a presentation to representatives from member Associations and Partners



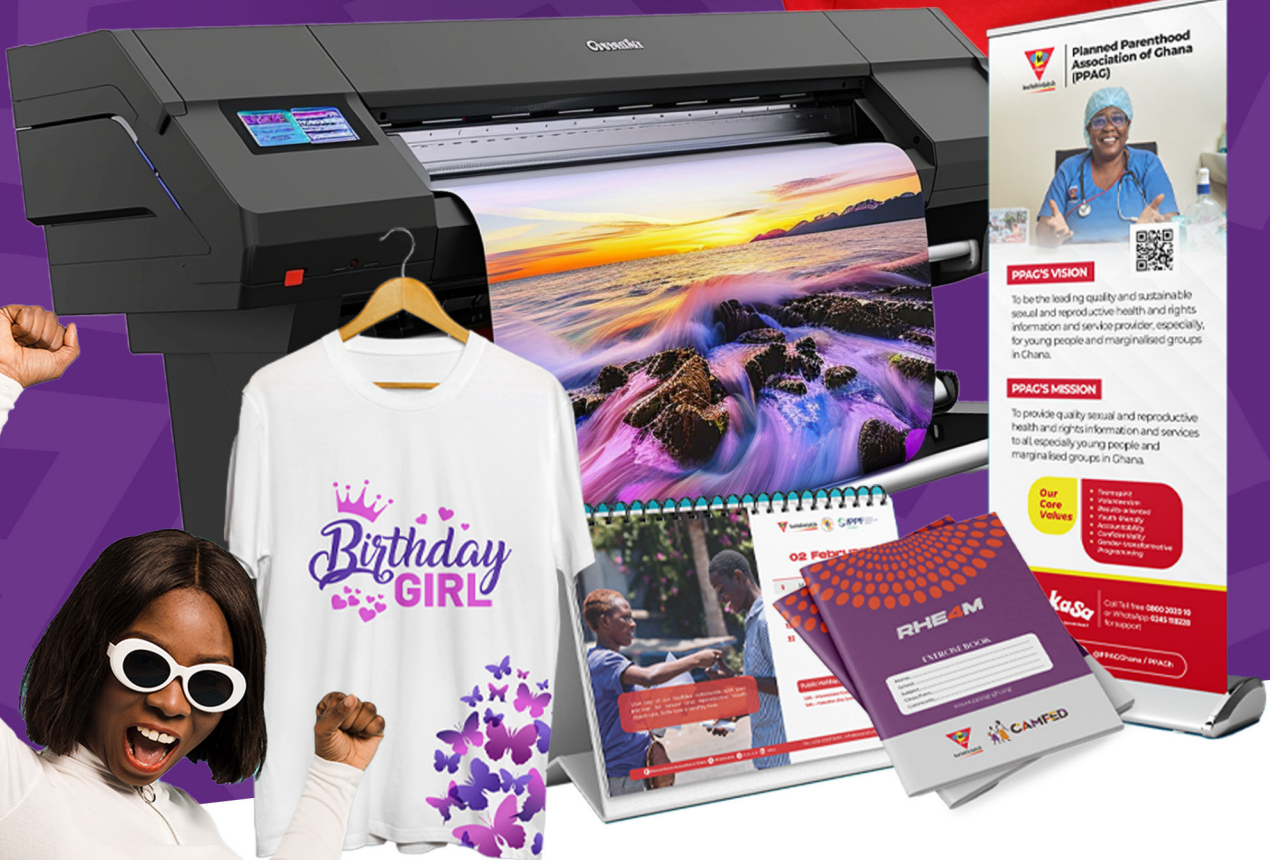


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Campus Goes Red: YAM Engages Young People on SRHR Across Five Universities



On 14 February 2026, the Youth Action Movement (YAM) Ghana transformed Valentine's Day into an opportunity for meaningful conversations on sexual and reproductive health and rights (SRHR) through its Campus Goes Red outreach campaign. The initiative was implemented across five universities: Accra Technical University (ATU) in the Southern Zone, University for Development Studies (UDS) in Tamale, University for Business and Integrated Development Studies (UBIDS) in Wa, Bolgatanga Technical University, and Kwame Nkrumah University of Science and Technology (KNUST) in Kumasi.

At Accra Technical University, the outreach was organized in collaboration with the Medical Laboratory Students Association of ATU and the PPAG Young and Wise Centre. Students participated in one-on-one engagements, small-group discussions, and live demonstrations on the correct and consistent use of condoms. Condoms and YENKASA contact cards were also distributed to help young people access youth-friendly sexual health services. To create a relaxed and welcoming environment for discussions on sensitive topics, the activity incorporated interactive

elements such as Sip and Paint sessions, karaoke, and open group discussions, which encouraged students to engage openly on issues related to safe sexual practices and reproductive health. Beyond contraceptive education, the outreach also addressed broader issues affecting young people. At UDS in Tamale, a dedicated session on gender-based violence (GBV) was held with students from the Department of Nutrition, focusing on the forms, consequences, and reporting mechanisms for GBV. Meanwhile, at UBIDS in Wa, participants received education on technology-facilitated gender-based violence (TFGBV), including online consent, cyber harassment, and digital safety.

Despite minor challenges such as rainfall affecting turnout at some locations and limited resources to meet the high demand from students, the Campus Goes Red campaign successfully reached over 1,500 young people with accurate SRHR information, free condoms, and referrals to youth-friendly services. The outreach also served as a volunteer recruitment opportunity, with several students joining the YAM across the campuses. Overall, the initiative demonstrated YAM's growing national reach and continued commitment to empowering young people with the knowledge and resources needed to make safe and informed decisions about their sexual and reproductive health.





PPAG Participates in WAHO Cross-Border Health Campaign at Elubo–Noé Corridor

From 5th – 7th February 2026, the West African Health Organization (WAHO) led a cross-border health campaign at the Elubo (Ghana) – Noé (Côte d’Ivoire) corridor aimed at strengthening regional collaboration in public health and promoting preventive healthcare services among border communities.

The campaign focused on family planning education and HIV screening, with the goal of improving access to essential health information and services while reducing the risk of communicable disease transmission across borders. The initiative also sought to demonstrate the importance of coordinated regional approaches in addressing shared public health challenges.

The official launch brought together key stakeholders including representatives from WAHO, the Ghana Health Service, the Ministry of Health of Côte d’Ivoire, local government authorities, traditional leaders, and community members. Through joint engagement and outreach activities, participants emphasized the value of cross-border cooperation, community participation, and preventive health practices in safeguarding population health.



A Ghana Health Service Rep educating indigens and sharing condoms at the booth after the campaign launch



Traditional Leaders seated during the campaign launch

By promoting collaboration between Ghana and Côte d’Ivoire, the campaign contributed to strengthening health security in border communities while supporting broader regional efforts to prevent and control communicable diseases in West Africa.





PAG Promotes Inclusive SRHR Education Through Peer Educator Training in Special Schools

As part of efforts to ensure no one is left behind in access to sexual and reproductive health information, the PPAG, through the EmpowHER Project – Ensuring Inclusive SRHR Delivery for Women, Girls and Marginalized Communities, conducted a Peer Educators training for young people with special needs at the Ashanti School for the Deaf and Blind.

Held from 12th–14th February 2025, the training aimed to bridge critical gaps in access to Sexual and Reproductive Health and Rights (SRHR) education for young people with disabilities, who are often excluded from mainstream interventions and face increased vulnerability to abuse and poor health outcomes. A total of 10 participants, comprising 8 peer educators and 2 matrons, were equipped with knowledge, facilitation skills, and practical tools to deliver age-appropriate and adapted Reproductive Health Education (RHE) sessions within their school. The training focused on building participants' confidence to communicate SRHR information effectively using inclusive and peer-friendly approaches. The initiative also strengthened peer-led education structures within the school, empowering trained peer educators to take an active role in supporting their peers with accurate and accessible SRHR information. With continued support from PPAG and partners, these peer educators are

expected to sustain regular RHE sessions, contributing to safer, more inclusive, and supportive learning environments. This training which was implemented in collaboration with the Ashanti School for the Deaf and Blind, the Department of Social Welfare, and the Youth Action Movement (YAM), reflects PPAG's commitment to advancing inclusive programming and ensuring equitable access to SRHR services and information for all young people.



A group picture of the peer educators and facilitators after the training session



The Peer Educators expressing their understanding of the subject matter during the training





YAM Branches Drive Youth Engagement and SRHR Education Across Communities

The first quarter of 2026 has been an active period for the Youth Action Movement (YAM) Ghana, with branches across the country conducting outreaches and community engagement activities aimed at creating awareness on sexual and reproductive health and rights (SRHR) among young people. These initiatives, implemented across several regions, demonstrate YAM's growing grassroots presence and commitment to empowering young people with accurate health information and supportive networks.

Activities commenced on 24 January 2026, when the Legon Branch, in collaboration with the Accra Branch, organized a volunteer recruitment drive on the University of Ghana campus. Volunteers engaged students at strategic locations and conducted room-to-room outreach to share information about YAM's mission and encourage student participation. The exercise successfully recruited 24 new volunteers, strengthening the branch's capacity and visibility for future youth-led initiatives. On 11 February 2026, the Sogakope Branch conducted a health outreach at Total Child International School, where over 500 pupils and teachers received education on sexually transmitted infections (STIs), their risks, and prevention strategies. The session was well received, with both students and teachers expressing appreciation for the valuable information

shared.

The momentum continued on 12 February 2026, when the Cape Coast Branch leveraged an athletics event at the Cape Coast Sports Stadium to engage attendees on issues related to STIs, safe sex practices, and the importance of accessing youth-friendly sexual and reproductive health services. The outreach also promoted the YENKASA contact centre as a confidential and reliable platform where young people can access SRHR information and support. On 21 February 2026, the Ho Branch participated in the UHAS Woezor Games at the Ho Sports Stadium, creating awareness among students on STIs, contraceptive use, and safe sexual practices. On the same day, the Cape Coast Branch, in partnership with the Happy Feet Foundation, organized an SRHR education session at Saltpond Methodist Primary B School. The activity provided students with age-appropriate information on puberty, menstrual



hygiene, consent, and personal boundaries, while also engaging parents to encourage open communication with their children on reproductive health issues.

Extending YAM's impact further, volunteers from the Kumasi Branch participated in a programme organized by Defence for Children International–Ghana on 5 March 2026 at Adum Presby M/A JHS. The session, held in commemoration of International Women's Day, focused on climate change and women's rights, highlighting the link between environmental sustainability and gender equality.

Through these coordinated activities across Accra, Sogakope, Cape Coast, Saltpond, Ho, and Kumasi.

YAM continued to expand its reach among young people, promote the YENKASA contact centre as a trusted SRHR information platform, and strengthen youth participation in advocacy and community education. These initiatives underscore YAM's ongoing commitment to advancing the health, rights, and wellbeing of young people across Ghana.



YAM members facilitating an in-school session



YAM Member facilitating a session with young people





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