PPAG IN FOCUS

SECOND QUARTER IN REVIEW (APRIL– JUNE) 2026



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PPAG HOSTS 59TH ANNUAL GENERAL MEETING

PPAG successfully convened its 59th Annual General Meeting (AGM), bringing together delegates, volunteers, leadership, and stakeholders from across the country to review the Association's progress, strengthen governance systems, and set strategic priorities for the years ahead.

As the highest decision-making forum of the Association, the AGM provided an important platform for members to assess organizational performance, deliberate on key policy and governance issues, and collectively shape the future direction of PPAG. Discussions focused on strengthening accountability, enhancing member participation, promoting sustainability, and ensuring that the Association remains responsive to the evolving sexual and reproductive health needs of communities across Ghana.

A major outcome of the meeting was the approval of several governance reforms designed to strengthen transparency, accountability, and leadership renewal within the Association. Delegates also endorsed measures to expand branch representation at future AGMs, ensuring broader participation and stronger grassroots engagement in decision-making processes. Additional discussions centred on increasing the inclusion of young people and women within governance structures, reinforcing PPAG's commitment to diversity and meaningful representation.

The AGM further highlighted the importance of strengthening volunteer engagement, resource mobilization, and branch development to support the long-term sustainability of the Association. New measures were also introduced to enhance leadership performance management and accountability through the Nominations and Governance Committee (NGC).

Beyond governance and policy discussions, the AGM served as an opportunity to celebrate the dedication and contributions of PPAG volunteers, staff, and leaders whose efforts continue to advance sexual and reproductive health and rights across Ghana. Their commitment remains central to PPAG's mission of ensuring that individuals, particularly women, girls, and young people, can access quality, rights-based health information and services.

By strengthening institutional governance and promoting inclusive leadership, the 59th AGM contributes to PPAG's long-term effectiveness and supports broader development goals, including SDG 3 (Good Health and Well-being), SDG 5 (Gender Equality), and SDG 16 (Peace, Justice and Strong Institutions).


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ANNUAL
GENERAL MEETING



SHAPING THE FUTURE OF ADOLESCENT HEALTH: PPAG PARTICIPATES IN THE 4TH NATIONAL ASRH SUMMIT

PPAG joined government agencies, development partners, civil society organizations, traditional leaders, and young people from across Ghana at the 4th National Adolescent Sexual and Reproductive Health (ASRH) Summit held in Accra. The two-day summit served as a national platform to review progress, identify gaps, and develop innovative solutions to address adolescent pregnancy, HIV infections, and other sexual and reproductive health challenges affecting young people.

The summit highlighted concerning trends, including persistent rates of teenage pregnancy and the disproportionate burden of new HIV infections among young people. Discussions focused on strengthening youth participation, expanding access to youth-friendly services, promoting comprehensive sexuality education, leveraging technology and innovation, and securing sustainable financing for adolescent health programmes.

Representing PPAG, the Acting Executive Director reaffirmed the Association's commitment to empowering young people through youth-friendly services, peer education, digital interventions, and through its youth wing, the Youth Action Movement (YAM). PPAG also called for increased investment in school-based reproductive health education and stronger collaboration among stakeholders to improve adolescent health outcomes nationwide.

A key outcome of the summit was the development of a communiqué outlining priority actions to reduce teenage pregnancy and new HIV infections while strengthening accountability across sectors. The summit further reinforced the importance of placing young people at the centre of decision-making processes and ensuring that policies and programmes reflect their realities and aspirations.

The summit contributes to Ghana's efforts towards achieving SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 5 (Gender Equality), and SDG 17 (Partnerships for the Goals). Through its participation, PPAG continues to advocate for evidence-based, youth-centred approaches that enable adolescents and young people to make informed decisions about their health and future.










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EMPOWERING GIRLS THROUGH MENSTRUAL HYGIENE EDUCATION TO KEEP THEM IN SCHOOL

PPAG organized an in-school menstrual hygiene education session at Mercy Kiddy Montessori School and Laterbiokorshie 2 JHS as part of the Sexual and Reproductive Health Innovation and Empowerment (SHINE) Project activities to commemorate Menstrual Hygiene Day 2026. The activity reached 99 young people, including 89 girls and 10 boys, with practical information on menstrual health, hygiene management, and the correct use and disposal of sanitary pads. A total of 120 sanitary pads were distributed to support participants in managing their menstrual health with dignity.

The interactive sessions created a safe and supportive environment where participants openly discussed menstruation, challenged myths and misconceptions, and built confidence in managing their menstrual health. Practical demonstrations equipped girls with essential knowledge on personal hygiene practices, while boys were actively engaged to foster understanding, empathy, and support for menstrual health issues. This inclusive approach helped reduce stigma and encouraged positive attitudes towards menstruation among both girls and boys.

The activity contributed to PPAG's broader goal of promoting the sexual and reproductive health and rights of young people by ensuring that menstruation does not become a barrier to education, health, or participation in daily life. By increasing knowledge, confidence, and access to menstrual hygiene products, the intervention supports efforts to reduce school absenteeism among girls and advance gender equality.

Beyond its immediate impact, the initiative aligns with several global development priorities, including SDG 3 (Good Health and Well-being) through improved menstrual health management, SDG 4 (Quality Education) by helping girls stay in school during their menstrual periods, SDG 5 (Gender Equality) by challenging stigma and empowering girls, and SDG 6 (Clean Water and Sanitation) through education on safe hygiene and waste disposal practices. Through such interventions, PPAG continues to champion a future where every girl can manage her menstruation safely, confidently, and with dignity.





PPAG REACHING THE UNDERSERVED: PPAG EXPANDS ACCESS TO FAMILY PLANNING SERVICES IN NORTHERN GHANA

PPAG- Kparigu Clinic conducted a two-day outreach programme in Boayini and surrounding hard-to-reach communities in the North East Region, bringing essential sexual and reproductive health (SRH) services closer to populations with limited access to healthcare. The outreach targeted communities that lack health facilities and face significant transportation challenges, which often prevent residents from accessing family planning and other SRH services.

The outreach combined community education, counselling, and free family planning service provision, with a strong focus on long-acting reversible contraceptives (LARCs), self-care approaches, and male involvement in reproductive health. Community members actively engaged in discussions, asking questions about family planning methods, side effects, myths, and misconceptions, demonstrating a growing interest in informed reproductive health decision-making.

Over the two-day period, more than 490 women and girls and 145 men and boys were reached with SRH information and services. The intervention resulted in significant uptake of family planning services, while 5,184 male condoms were distributed to support the prevention of sexually transmitted infections and unintended pregnancies.

The activity highlighted the persistent unmet need for family planning services in underserved communities and reinforced the importance of community-based outreach in closing healthcare access gaps. By extending quality SRH services to remote populations, PPAG is contributing to the achievement of SDG 3 (Good Health and Well-being), SDG 5 (Gender Equality), and SDG 10 (Reduced Inequalities), while advancing its commitment to ensuring that no one is left behind in accessing reproductive healthcare.

The success of the outreach has further strengthened PPAG's resolve to expand similar interventions, ensuring that vulnerable and underserved populations can exercise their reproductive rights and access lifesaving health services regardless of their location.
training created a safe space for open dialogue, encouraging teachers to initiate safeguarding conversations within their schools and communities.





23RD YAM ANNUAL CONGRESS CHAMPIONS SAFE DIGITAL COMMUNITIES

The Youth Action Movement (YAM) of PPAG successfully convened its 23rd Annual Congress in Sunyani under the theme, "Akwaaba Online: Not to Violence — Youth Redefining Safe Digital Communities." The congress brought together youth volunteers and representatives from YAM branches across Ghana to reflect on achievements, address emerging challenges, and set strategic priorities for the movement.

Against the backdrop of rising cases of Technology-Facilitated Gender-Based Violence (TFGBV), the congress provided a timely platform for young people to deepen their understanding of online safety, digital rights, and the collective responsibility required to create safer online spaces. Participants engaged in discussions on emerging digital threats, youth-led advocacy, and innovative approaches to protecting young people from online abuse and exploitation.

A major highlight of the congress was a community outreach at Sunyani Technical Institute, where students received education on TFGBV, available support systems, reporting mechanisms, and strategies for promoting safer digital communities. The outreach empowered students to recognize harmful online behaviours, seek support when needed, and become advocates for respectful and responsible digital engagement.

The congress also strengthened YAM's leadership and advocacy network through a courtesy visit by the PPAG President, Patron, and YAM leadership to Dr. Kwame Saarah Mensah, former High Commissioner to India and former Minister for Youth and Sports. The engagement focused on youth empowerment and national development, culminating in Dr. Mensah's acceptance to serve as a YAM Patron. This milestone is expected to strengthen YAM's visibility, advocacy influence, and opportunities for youth development across the country.

The congress reinforced YAM's position as a leading youth movement advancing sexual and reproductive health and rights, youth participation, and digital safety. It further contributed to the achievement of SDG 5 (Gender Equality), SDG 10 (Reduced Inequalities), and SDG 16 (Peace, Justice and Strong Institutions) by empowering young people to challenge violence, promote inclusion, and build safer communities both online and offline.








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2ND QUADRENNIAL
DELEGATES CONGRESS









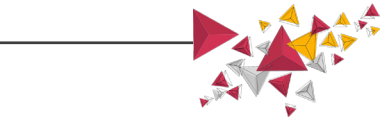














PROMOTING INCLUSIVE SRHR EDUCATION FOR YOUNG PEOPLE WITH SPECIAL NEEDS

As part of activities commemorating Menstrual Hygiene Day 2026 under the Sexual and Reproductive Health Innovation and Empowerment (SHINE) Project, PPAG organized an inclusive sexual and reproductive health education session for young people with special needs at Mercy Kiddy Montessori School and Laterbiokorshie 2 JHS Special School. The initiative sought to address the information gap often experienced by young people with disabilities by providing accessible and practical knowledge on sexually transmitted infections (STIs) and menstrual hygiene management.

Using participatory approaches, visual aids, demonstrations, and simplified communication methods, facilitators created a safe and supportive learning environment where participants could actively engage, ask questions, and discuss sensitive health topics with confidence. The sessions covered STI prevention, transmission, symptoms, and treatment, while also addressing common myths and misconceptions that often contribute to stigma and discrimination.

Participants also received practical menstrual hygiene education, including the proper use and disposal of menstrual products, personal hygiene practices, and strategies for managing menstrual discomfort. To further support menstrual health and dignity, sanitary pads were distributed to all participants. The activity reached 99 young people, including 20 persons with disabilities, reinforcing PPAG's commitment to ensuring that no one is left behind in accessing sexual and reproductive health information and services. Beyond increasing knowledge and awareness, the intervention empowered participants with greater confidence to discuss their health needs, make informed decisions, and exercise their rights to health, safety, and dignity.

By promoting inclusive access to health education, the activity contributes to the achievement of SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 5 (Gender Equality), and SDG 10 (Reduced Inequalities). Through such initiatives, PPAG continues to champion equitable access to information and services for all young people, regardless of ability or circumstance.



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YAM EXPANDS YOUTH ADVOCACY THROUGH COMMUNITY OUTREACH, MENSTRUAL HEALTH CAMPAIGNS AND NATIONAL ENGAGEMENT

During the second quarter of 2026, Youth Action Movement (YAM) branches across Ghana intensified their efforts to promote sexual and reproductive health and rights (SRHR), prevent gender-based violence, and amplify youth voices in national and continental development conversations.

Through community outreach and media engagement activities, YAM volunteers reached diverse audiences with information on Sexual and Gender-Based Violence (SGBV), Technology-Facilitated Gender-Based Violence (TFGBV), menstrual health, emotional wellbeing, and youth-friendly health services. In Wa, YAM volunteers leveraged radio as an advocacy platform, engaging listeners on the growing threat of TFGBV and encouraging collective action to prevent online abuse and harassment. In Tamale, volunteers conducted community outreach activities to raise awareness on SGBV and promote the Yenkasa Contact Centre as a safe reporting and support mechanism for survivors.

Recognizing the need to reach vulnerable populations, YAM partnered with local organizations to engage Kayayei girls and other underserved young women on menstrual hygiene management and healthy practices. As part of Menstrual Hygiene Day commemorations, volunteers undertook a market storm in Tamale, distributing sanitary pads and menstrual cups while providing practical menstrual health education. These interventions helped promote dignity, reduce stigma, and improve access to menstrual health information and products for young women who often face barriers to care and support.

YAM also strengthened youth wellbeing through collaborations with educational institutions. In Kumasi, volunteers partnered with the KNUST Counselling Centre to deliver activities focused on emotional wellbeing, SRHR awareness, and healthy lifestyles. The event created a safe space for young people to discuss health concerns, receive accurate information, and access support services. Additional engagements with international students further expanded awareness of PPAG's work and fostered cross-cultural dialogue on youth health and rights.



Beyond community-level action, YAM demonstrated strong leadership on national and continental platforms. The movement actively participated in the International Day of the African Child dialogue, contributing youth perspectives on access to water, sanitation, and hygiene. At the 4th National Adolescent Sexual and Reproductive Health Summit, YAM representatives played a prominent role in shaping policy discussions by presenting the Youth Communiqué and contributing expert perspectives on the socio-cultural drivers of teenage pregnancy and HIV infection among young people.

These activities reflect YAM's growing influence as a youth-led movement driving advocacy, education, and social change. Through strategic partnerships, community engagement, and policy advocacy, YAM continues to empower young people to become informed leaders and active contributors to national development while advancing progress towards SDGs 3 (Good Health and Well-being), 4 (Quality Education), 5 (Gender Equality), and 17 (Partnerships for the Goals).





PPAG ENGAGES YOUNG LEADERS AT THE 6TH AFRICAN YOUTH SDGS SUMMIT

PPAG reaffirmed its commitment to youth empowerment and sexual and reproductive health and rights (SRHR) through its active participation in the 6th African Youth SDGs Summit, held from 23rd to 25th June 2026 at the University of Professional Studies (UPSA), Accra-Ghana.

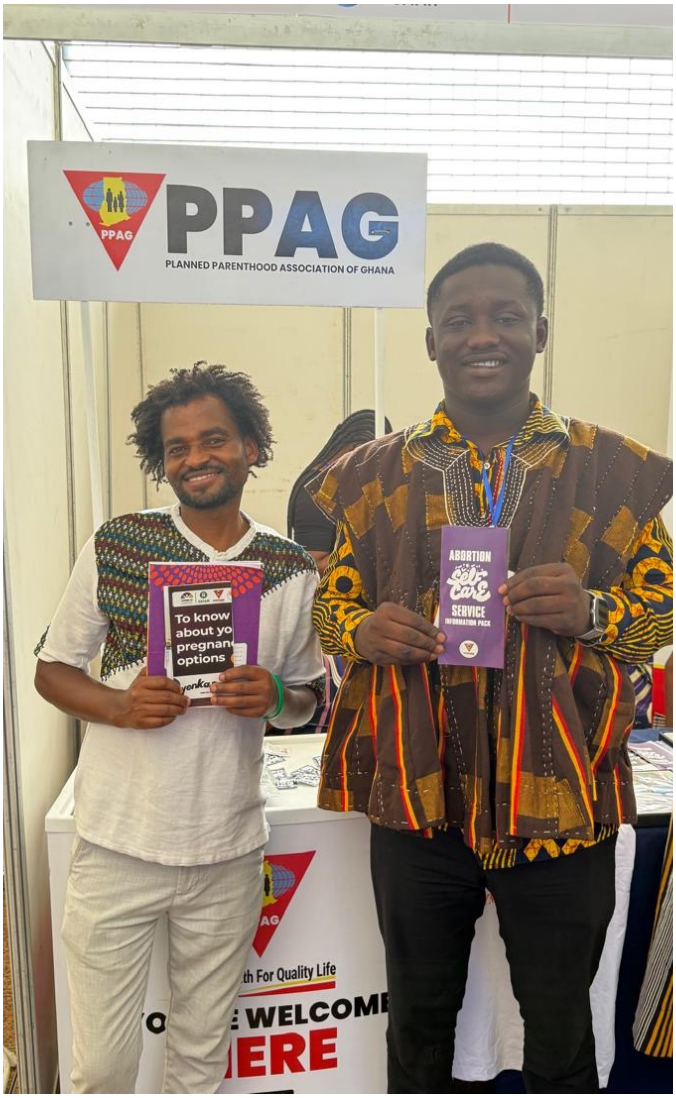
The three-day summit convened young leaders, development practitioners, policymakers, innovators, and civil society actors from across Africa to explore critical issues affecting the continent's youth, including leadership, digital safety, social cohesion, governance, and sustainable development. Youth Action Movement (YAM) volunteers represented PPAG at the event, participating actively in plenary discussions, breakout sessions, and networking engagements.

Among the summit's key highlights were insightful discussions on youth participation in governance led by Hon. Zanetor Agyeman-Rawlings, sessions on cybersecurity and digital rights, and conversations on technology-facilitated gender-based violence. The event concluded with the inspiring "Voices of Change" session, which showcased young Africans driving development through innovation and community-based solutions.

As part of its participation, PPAG mounted an exhibition booth that served as an interactive platform for engaging participants on sexual and reproductive health and rights. Through the booth, PPAG introduced participants to its programmes and services, highlighted the work of its youth wing, YAM, and provided comprehensive information on reproductive health rights.

The PPAG team also offered HIV testing services and distributed HIV self-test kits to interested participants. These services generated significant interest among attendees and created opportunities for meaningful conversations around HIV prevention, testing, and access to youth-friendly health services.
PPAG's presence at the summit underscored the importance of reaching young people in spaces where they learn, connect, and influence change. The engagement further strengthened the Association's efforts to empower young people with accurate information, quality services, and the confidence to make informed decisions about their health and well-being.

Through partnerships with organizations such as UNFPA and AfriYAN, PPAG continues to champion youth participation and ensure that young voices remain central to discussions and actions aimed at achieving the Sustainable Development Goals across Africa.


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STRENGTHENING PSYCHOSOCIAL SUPPORT FOR BETTER SRH SERVICE DELIVERY

As part of efforts to enhance the quality of sexual and reproductive health (SRH) service delivery, PPAG, in collaboration with the Ghana Health Service, organized a two-day Psychosocial Values Clarification and Attitude Transformation (VCAT) Training for selected PPAG and partner-facility staff across the regions.

The training was facilitated by Dr. Lovelace Digber, Deputy Chief Clinical Psychologist, and Madam Gertrude, Principal Mental Health Nursing Officer at Tema General Hospital. Through interactive discussions, self-reflection exercises, and practical learning sessions, participants examined how personal beliefs, values, and biases can influence service delivery and client interactions.

The training equipped SRH service providers with the knowledge and skills needed to offer respectful, empathetic, and non-judgmental care to young people and other clients seeking sexual and reproductive health services. Particular emphasis was placed on creating supportive environments that promote trust, dignity, confidentiality, and informed decision-making.

By investing in psychosocial capacity strengthening, PPAG is contributing to the development of a more responsive and client-centred health workforce capable of addressing the diverse needs of individuals without stigma or discrimination. The training also reinforced the importance of upholding human rights principles in healthcare and ensuring equitable access to quality SRH services for all.

This initiative reflects PPAG's commitment to advancing inclusive, rights-based healthcare and contributes to broader efforts towards achieving SDG 3 (Good Health and Well-being), SDG 5 (Gender Equality), and SDG 10 (Reduced Inequalities), ensuring that no one is left behind in accessing essential health services.





STRENGTHENING COMMERCIAL SUSTAINABILITY ACROSS PPAG HEALTH FACILITIES

The Planned Parenthood Association of Ghana (PPAG) continues to advance its vision of building financially sustainable health facilities through strategic investments in service quality, client experience, and business development. As part of this journey, PPAG hosted a high-level working visit from the International Planned Parenthood Federation (IPPF) Commercialization Team from 18th to 22nd May 2026.

The visit formed part of an ongoing collaboration that began two years ago to support the transformation of PPAG clinics into commercially viable and sustainable health facilities. Through this partnership, key PPAG staff have received targeted capacity-building support aimed at strengthening service delivery, enhancing client satisfaction, and improving the long-term financial sustainability of the Association's healthcare facilities.

The IPPF delegation comprised Nitu Verma, Chief Commercial Officer; Nathalie Kapp, Chief Medical Officer; Chloe Hanse, Finance Business Partner; and Cheska Witcomb, Global Marketing Lead. During the week-long engagement, the team worked closely with PPAG management and clinic staff to assess progress and identify opportunities for growth across the Association's service delivery network.

A major focus of the visit was the PPAG Specialist Hospital in Cape Coast, which has been positioned as the Association's flagship commercial healthcare facility. Discussions centred on strengthening the hospital's service offerings, improving operational efficiency, and enhancing its competitiveness within the healthcare market. The team also reviewed plans to expand and upgrade the maternity and fertility services at the Accra Family Health Clinic, with the aim of increasing service uptake, generating additional revenue, and meeting the evolving healthcare needs of clients.

To gain deeper insights into market trends and client expectations, the joint PPAG-IPPF team conducted benchmarking visits to selected hospitals in Accra and Cape Coast. They also engaged existing and prospective clients through focus group discussions to better understand healthcare preferences, service expectations, and areas for improvement.

An important highlight of the visit was a two-day capacity-building workshop that brought together heads of all PPAG clinics. The workshop focused on Commercial Sustainability Strategy, Clinic Marketing, and Client Journey Mapping, equipping participants with practical tools to improve client experiences and strengthen facility performance.
The engagement generated valuable

recommendations on service delivery improvements, strategic equipment investments, marketing approaches, and resource mobilization opportunities. These insights are expected to inform PPAG's ongoing efforts to strengthen its healthcare services while ensuring long-term sustainability.

As a follow-up to the visit, PPAG and the IPPF Commercialization Team have established a structured implementation and monitoring process, including regular review meetings to track progress and support the execution of agreed actions. This continued collaboration reflects PPAG's commitment to delivering high-quality, client-centred healthcare services while building resilient and sustainable health facilities for the future.















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